

PROGRAMME

April to June 2012

www.greengym.org.uk/sonningcommon



MEETING POINTS: Meet On Site for 9.30am start with a finish time of 12:30 unless otherwise stated.
ASSISTANCE: See map on back or telephone in good time beforehand.
WHAT TO WEAR: Please wear old, warm clothes and sturdy boots and bring waterproofs.
TETANUS: Please ensure your tetanus inoculation is up to date.
MEDICATION: You must yourself be responsible for creams (e.g. against sunburn or bites) and for any medication you may need.

MAP: <http://maps.google.co.uk/maps/ms?msid=211167955456311367626.00047373a9a517df8ee2b&msa=0>
(Click on link)

CONTACT: If you need any help, please ring 0118 9723528

April 2012

Date & Time	Site	Activity	Meeting Point	Leaders	Notes
Thursday 5 th 9.30 – 12.30	Cherry Orchard, Stoke Row	Hay raking, near Maharajah's Well	On site	Tony Chandler Eric Yarrow	Park at roadside or at Village Hall
Saturday 7 th 9.30 - 12.30	Valley Road chalk bank, Henley	Cutting / removing ash saplings and brambles	On site – meet at bottom of chalk bank, near Haywards Close	Chris Ash Robert Watson	Parking limited – use side roads off Valley Road, or off King James Way. Not on map
Thursday 12 th 9.30 - 12.30	*Kennylands Field, Sonning Common	Lavender management / new planting	By Birdwood Court	Tony Chandler *Chris Ash	*Chris will lead small volunteer group to install kissing-gate at Bishopswood
Saturday 14 th 9.30 – 12.30	Flowercroft Woods	Hazel coppicing	By gate to woods, Cross Lanes, RG	Julia Booker Sian Hickman	
Monday 16th		AGM	The Elizabeth Room, Rotherfield Greys Church 7 for 7:30		
Thursday 19 th 9.30 – 2.30pm	National NR, Aston Rowant	To be agreed	To be advised – see below for directions	Chris Ash Elizabeth Smeeton	Bring packed lunch New Sculpture Trail to be launched on that very day!
Saturday 21 st 9.30 – 12.30	St Katharine's Retreat, Parmoor	Jobs in preparation for formal opening of restored Walled Garden	On site – access off Hambleton to Frieth road	Chris Ash Brian Gardener	
Thursday 26 th 9.30 – 12.30	Cleeve Court Meadow, Streatley	Continue reclamation of riverside meadow / stockade building	On site – follow signs from A329, north of Streatley	Eric Yarrow John Hasler	Park in car park off access road from A329 – allow 5 + minutes for walk to site
Saturday 28 th 9.30 – 12.30	Greys Court (NT) (Pissen Wood)	Ground clearing / planting snowdrops	On site – in woodland area near to Rocky Lane junction	Brian Gardener Mike Macleod	Park off road, along Rocky Lane

May 2012

Date & Time	Site	Activity	Meeting Point	Leaders	Notes
Thursday 3 rd 9.30 – 12.30	Nuffield Court (NT)	Managing woodland areas / holly / rhododendron	On site - park in driveway – follow signs off Nettlebed to Wallingford road	Brian Gardener Julia Booker	The National Trust has recently taken over responsibility for the property from Nuffield College
Saturday 5 th 9.30 – 12.30	Temple Island Meadows SSSI	Remove / stack tree remains in meadow areas	On riverside – access off Henley to Marlow road, opposite 'Swiss Farm'	Robin Howles Sian Hickman	Don't be late – gate to field will be re-locked at 9.25am
Thursday 10 th 9.30 – 12.30	Redhill Wood, Crowsley Park (FC)	Control spread of rhododendron	Roadside by site	Julia Booker Robin Howles	Follow signs off SC to Henley road – west of Hunt's Green
Saturday 12 th 9.30 – 12.30	Moor End Common	Restoration of SSSI (HLF-Supported Chilterns Commons project)	Roadside by site	Chris Ash Robert Watson	Follow signs off Frieth to Lane End road. Not on map
Thursday 17 th 9.30 – 2.30pm	National NR, Aston Rowant	To be agreed	To be advised – see below for directions	Chris Ash Keith May	Bring packed lunch
Saturday 19 th 9.30 – 12.30	Burnt Platt (FC)	Rescue heather from encroaching brambles	On site	Edward Sandars Mike Macleod	Follow signs - right turn through gate off Peppard to Stoke Row road
Thursday 24 th 9.30 – 12.30	Greys Court (NT) (Pissen Wood)	Ground clearing / stacking	On site – in woodlands near to Rocky Lane junction	Brian Gardener Robin Howles	Park off road, along Rocky Lane
Saturday 26 th 9.30 – 12.30	Withymead, Goring	Fencing tasks	On site – follow signs from Goring to Wallingford road	Julia Booker Diane Gordon	
Thursday 31 st 9.30 – 12.30	Nuffield Court (NT)	Managing woodland areas / holly / rhododendron	On site – park in driveway – follow signs off Nettlebed to Wallingford road	Brian Gardener Eric Yarrow	

The Green Gym is the outdoor way to develop your fitness and health whilst improving your local environment. Green Gyms were pioneered in conjunction with the British Trust for Conservation Volunteers (BTCV) by the Sonning Common group which is run solely by its members.

June 2012

Date & Time	Site	Activity	Meeting Point	Leaders	Notes
Saturday 2 nd 9.30 – 12.30	Ewelme watercress beds	Ongoing restoration of riverside site	Roadside by bridge – please avoid entrances/bus stop	Mike Macleod Robert Watson	Bring Wellingtons Jointly with local volunteers
Thursday 7 th 9.30 – 12.30	Cleeve Court Meadow, Streatley	Continuing reclamation of riverside meadow	On site – Follow signs from A329, north of Streatley	Eric Yarrow John Hasler	Park in car park off side road from A329 – allow 5+ minutes for walk to site
Saturday 9 th 9.30 – 12.30	Rotherfield Greys Church	Reclaim area by churchyard/ground clearing/bonfire	By the church	Julia Booker Robin Howles	The churchyard contains rare fungi
Thursday 14 th 9.30 – 12.30	Sue Ryder Home, Joyce Grove, Nettlebed	Maintenance tasks in garden areas	Follow signs – take first left after entering grounds	Robin Howles Keith May	
Saturday 16 th 9.30 – 12.30	Withymead, Goring	Fencing tasks	On site – follow signs off Goring to Wallingford road	Sian Hickman Robert Watson	
Thursday 21 st 9.30 – 12.30	National NR, Aston Rowant	To be agreed	To be advised	Chris Ash Eric Yarrow	Bring packed lunch
Saturday 23 rd 9.30 – 12.30	Temple Island Meadows SSSI	Continue clearing / stacking tree remains in meadow areas	On riverside – access off Henley to Marlow road, opposite 'Swiss Farm'	Robin Howles John Hasler	Don't be late – gate to field will be re-locked at 9.25am
Thursday 28 th 9.30 – 12.30	Nettlebed Common	Take up arms again against Himalayan Balsam	Head north from Nettlebed and park on left at outskirts of village	Tony Chandler Elizabeth Smeeton	Do not park at cricket ground
Saturday 30 th 9.30 – 12.30	Burnt Platt (FC)	Continue rescue of heather from encroaching brambles	On site	Julia Booker Robert Watson	Follow signs – right turn through gate off Peppard to Stoke Row road

Directions for the Natural England Nature Reserve, Aston Rowant

Usual meeting-point is the Reserve office. We occasionally meet at three other sites, Hill Farm, the Nature Reserve car park, and Cowleaze car park. Please check beforehand, if necessary. All four locations can be found on the map.

At Nettlebed take B480 to Watlington; then take B4009 following signs for M40.

For Hill Farm, turn right before the northbound motorway exit and continue for half a mile.

Drive under Motorway (Junction 6) & take next right (A40). After ¼ mile turn right onto track (Icknield Way) signposted "Nature Reserve Office".

For Nature Reserve and Cowleaze car parks continue on the road and turn right after 1 mile further on at the top of the hill signposted to Christmas Common. The Nature Reserve car park is on the right after ½ mile (brown sign). Cowleaze is a ½ mile further on and on the left after crossing motorway.

From Christmas Common, reverse the directions.